

Duration of Mobility Period (days) (Travel excluded)	weeks	extra days	Minimum teaching hours EC rule
1	0	1	non ammissibile
da 2 a 6	0	da 2 a 6	8
7	1	0	8
8	1	1	9
9	1	2	11
10	1	3	12
11	1	4	14
12	1	5	16
13	1	6	16
14	2	0	16
15	2	1	17
16	2	2	19
17	2	3	20
18	2	4	22
19	2	5	24
20	2	6	24
21	3	0	24
22	3	1	25
23	3	2	27
24	3	3	28
25	3	4	30
26	3	5	32
27	3	6	32
28	4	0	32
29	4	1	33
30	4	2	35
31	4	3	36
32	4	4	38

Duration of Mobility Period (days) (Travel excluded)	weeks	extra days	Minimum teaching hours EC rule
33	4	5	40
34	4	6	40
35	5	0	40
36	5	1	41
37	5	2	43
38	5	3	44
39	5	4	46
40	5	5	48
41	5	6	48
42	6	0	48
43	6	1	49
44	6	2	51
45	6	3	52
46	6	4	54
47	6	5	56
48	6	6	56
49	7	0	56
50	7	1	57
51	7	2	59
52	7	3	60
53	7	4	62
54	7	5	64
55	7	6	64
56	8	0	64
57	8	1	65
58	8	2	67
59	8	3	68
60	8	4	70

Conteggio ore di insegnamento

8 gg = 1 settimana + 1g ore 8/5*1		
9 gg = 1 settimana + 2g 8 ore 8/5*2		
10 gg = 1 settimana + 3g 8 ore 8/5*3		
11 gg = 1 settimana + 4g 8 ore 8/5*4		
12 gg = 1 settimana + 5g 8 ore 8/5*5	}	almeno 16 ore
13 gg		
14 gg		